

Mr. Cow has a sad friend

#5 / **Dig deeper!** What are questions or insights you can give kids from this story?

Mr. Cow saw that his neighbor was sad. He really tried to cheer her up, but she didn't seem to respond. She must have been really sad.

Questions

1. What's your favorite sandwich?
2. What's your favorite cookie?
3. Do you have a favorite milkshake?
4. Do you have a favorite joke?
5. Can you make a funny face?
6. Have you ever gotten something stuck in a tree?
What was it?
Was it funny?
7. Have you tried to cheer up a sad friend or family member?
What did you do?
8. Why do you think the little girl was sad?
9. Are you sad sometimes?
Do you have a good, trusted friend or family member you can talk to when you're sad?
Are you sad about something now?

Discussion

We want our friends and family to be happy, not sad. **But sometimes you can't make someone cheer up.** Sometimes people go through things that just make them really sad. It doesn't mean you can't help. Sometimes just being with someone - even in silence - so they know they are not alone helps.

There's a bible verse - Romans 12:15: *Rejoice with those who rejoice; mourn with those who mourn.*

We can be happy with our friends and family when they are happy. We can celebrate with them.

We can also be sad for them when they are sad. We might not be able to 'fix it', but we can let them know this: "You are not alone in your grief. I'm here as a friend."